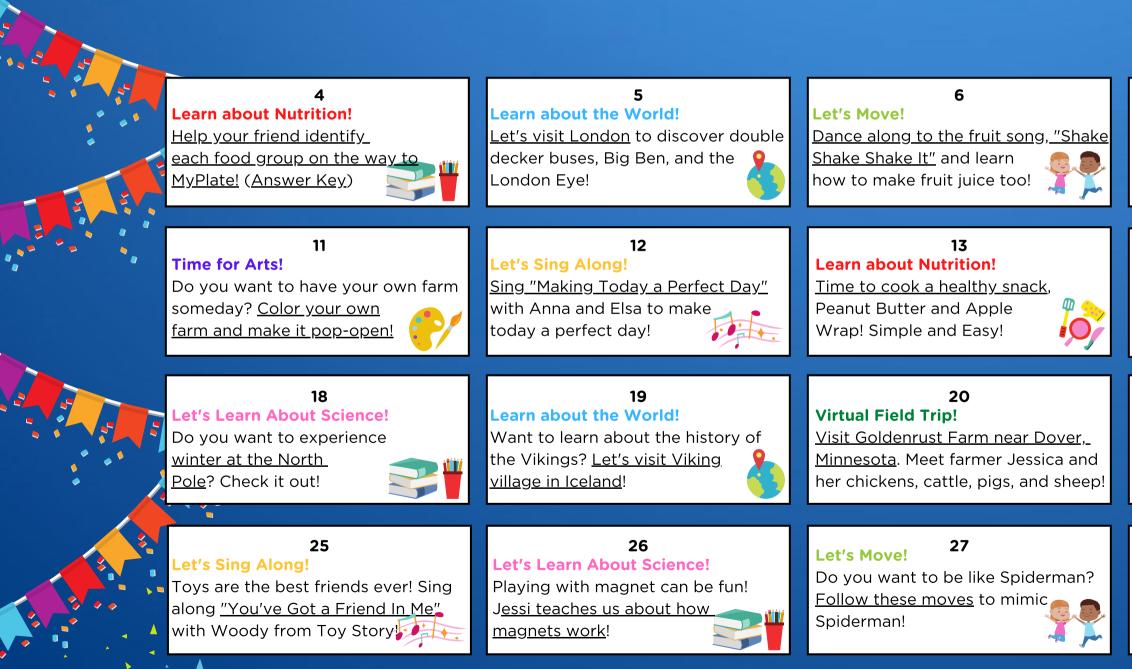
Robbinsdale **Nutrition Services**

January 2021 **CACFP Enrichment Activities**

Monday

Tuesday

Wednesday





Thursday





Let's Sing Along!

It's 2021, a new year! Sing along with Troy and Gabrielle "Start of Something New"!



14 Learn about the World!

Let's visit Russia to go ice skating, watch ballet, and learn moves from Ballerina, Gabriela!

21



Time for Arts!

It's 2021! Let's create our own January calendar! Plan and mark specials days too!



28 _earn about Nutrition!

Eggs are healthy and delicious! Where are eggs from? Let's ind out how!



8 Let's Learn About Science!

Learn about Bald Eagles: why they are called bald and why

they are endangered!



Let's Move!

It is Yoga time! Learn how to do Winter Wonderland poses to a beat!



22 _earn about Nutrition! Let's sing along to a song

about eating veggies!



29 earn about the World!

Let's visit a Medieval Renaissance village in Hungary! Watch the video to learn about their culture!